

Enjoy the Healthy Life

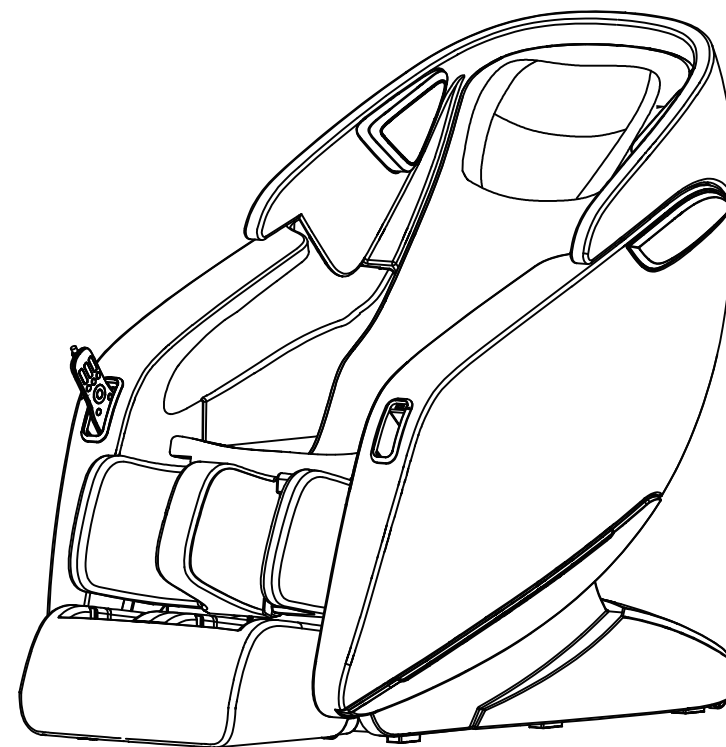
Enjoy the Healthy Life

Please keep this operation instructions properly

Z100

Massage chair

Operation Instructions



Thanks for choosing our product, please read this manual carefully before using, so as to know the right way to use it. Please pay attention to the important warnings, and keep this manual properly.

Remark: Our company keeps the right to change and explain the product design, we will not announce if there is change, product real color shall prevail.

Contents

Safety and maintenance	02-03
Warnings	04-05
Parts	06
Functions	07
Remote control instruction	08-09
Usage methods	10-20
Power on	10
Massage function control operation	10-17
Voice control operation	18
Position adjustment	19
Power off, stop massage	19
Method to move the product	20
Specification	20
Maintenance and cleaning	21

Safety and maintenance

1.Important warning

- Keep children away from the moving parts of this product
- Please use well-grounding power matching this product
- Please pull off the power cord after using or before cleaning, to avoid damage or injury
- Please use this product according to the instructions
- Please don't use unrecommended accessories.
- Please don't use this product outside
- Please read this manual carefully before using
- Do not use this product for purposes which are not listed in this manual.
- Recommended using time is no more than 30 minutes
- Please don't use if the covers are broken
- Please don't use if the ventilation holes are blocked
- Please don't drop any objects into this product
- Please don't fall asleep when using this product
- Please don't use this product under drunk or unwell situation
- Please don't use this product in one hour after having meal
- Please don't push hard when using this product to avoid injury

2.Environment

- Please don't use under high temperature and humidity circumstance such as bathroom
- Please don't use when environment temperature changes dramatically
- Please don't use under environments where dusts are heavy or full of corrosive air.
- Please don't use where space is limited or air circulation is not smooth

3.Users not suitable to use massage chair

- Users with malignant tumor, osteoporosis, and spine broken
- Users with heart disease or equipped with electronic medical devices such as pacemaker
- Users with high fever, or wounded just after surgical operation
- Pregnant, puerperants or menstrual women.
- Users with surface or internal injuries
- Users under 14 years old without adults' supervision, or unwell minded are not allowed to use this product
- Users who need to take rests according to doctors' or not feeling well
- Users in wet body are not allowed to use this product
- Users who are sensitive to heating must pay attention during usage

Safety and maintenance

4.Safety notice

- Check if the voltage complies to this product's specification
- Don't plug in and out the power cord with wet hands
- Prevent this product from water so as to cause electric shock or damage
- Don't put strength on the power cord when plugging in and out
- Don't damage the wires or change its circuit
- Don't clean the live parts with wet cloth, such as power switch and plug
- Please leave this product when power is cut off, to avoid injury if power supply comes back
- When users find this product abnormal during usage, please stop using immediately and consult to local distributors
- When users feel unwell during usage, please stop using immediately and consult to doctor
- This product does not suit users with physical disability, nerve imperfection or those lack of experience and common knowledge (including children), unless they are guided or supervised by their guardian

5.Maintenance

- This product must be maintained in authorized service center, users are not allowed to disassemble it and repair
- Please shut off the power switch after usage
- Don't use this product when power socket is loose
- Scroll the power cord and put this product in dry environment if it will not be used for long time
- Don't put this product close to high temperature, fire, and direct sunshine
- Please clean with dry cloth, no diluent, benzene and alcohol
- The mechanical parts of this product is specially designed and manufactured, no need special maintenance
- Don't use sharp objects toward this product
- Don't move this product on unsmooth ground, labor lift is required
- Don't use this product continuously

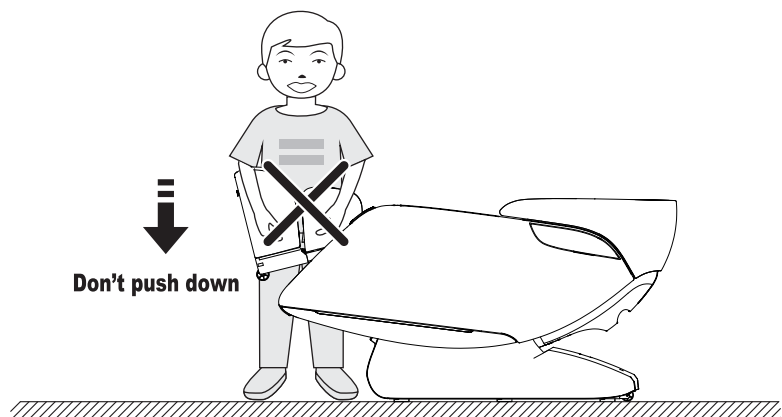
6.Common phenomenon settles down

- Motor noise during usage is normal
- Remote control doesn't work: check if power cord and power socket is connected well; check if power switch is turned on
- This product stop working: it stops automatically when rated working time is out; it works continuously long time so that the temperature protection switches on and shut off automatically, use it after half an hour

Warnings

⚠ Warning

Don't push down towards the calfrest when it goes up, to avoid the massage chair leaning forward and cause damages and injuries



⚠ Warning

Make sure that the massage hands are not in seat position before sitting on it, to avoid uncomfortable or damage to massage hands

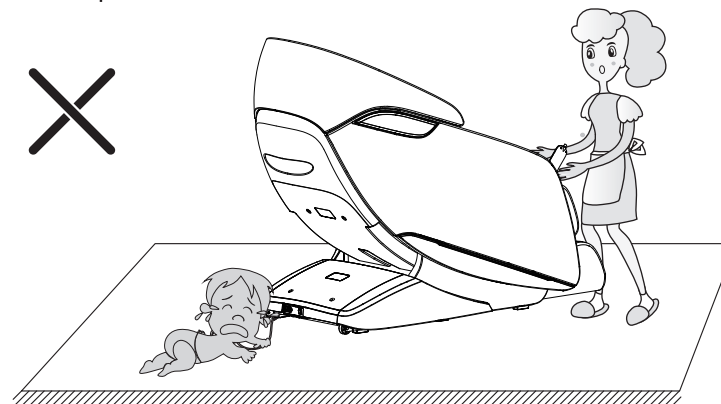


04

Warnings

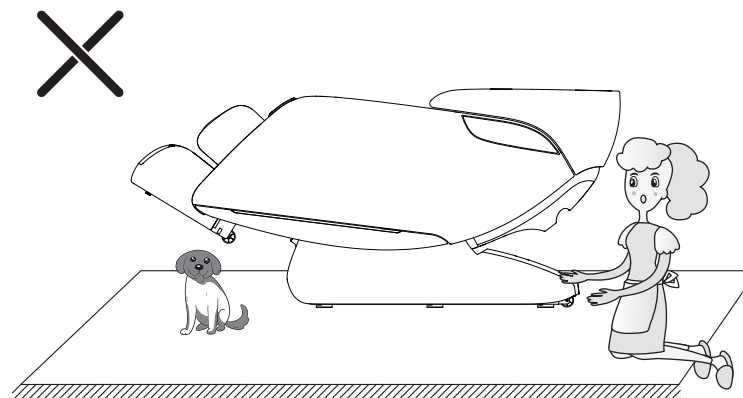
⚠ Warning

Under standby and power on situation, don't pull the remote wire or power cord to avoid damage or sudden electric shock; scrolling the remote wire and power cord is recommended



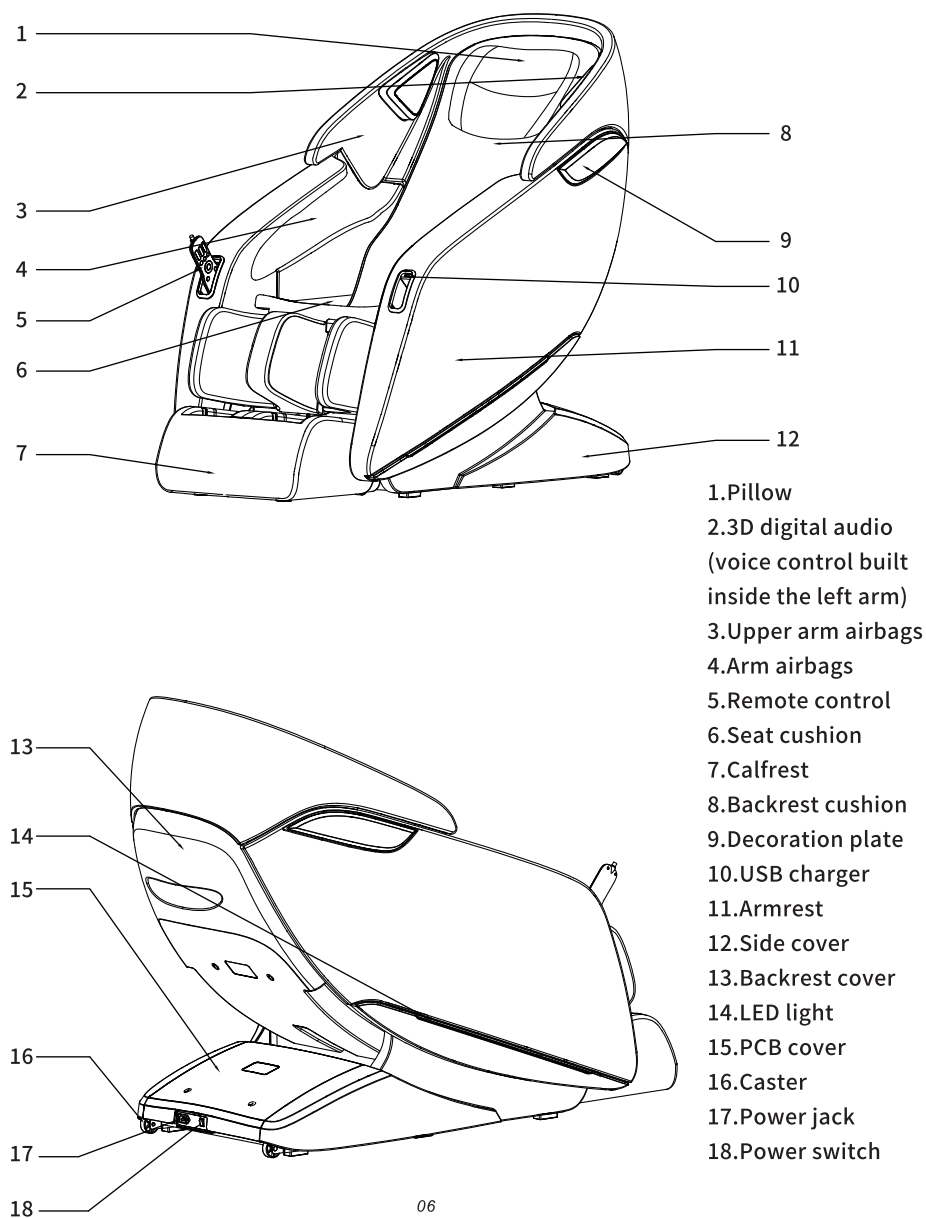
⚠ Warning

Make sure that no pets and children are under the footrest and backrest before operating zero gravity function, to avoid damages and injuries



05

Parts

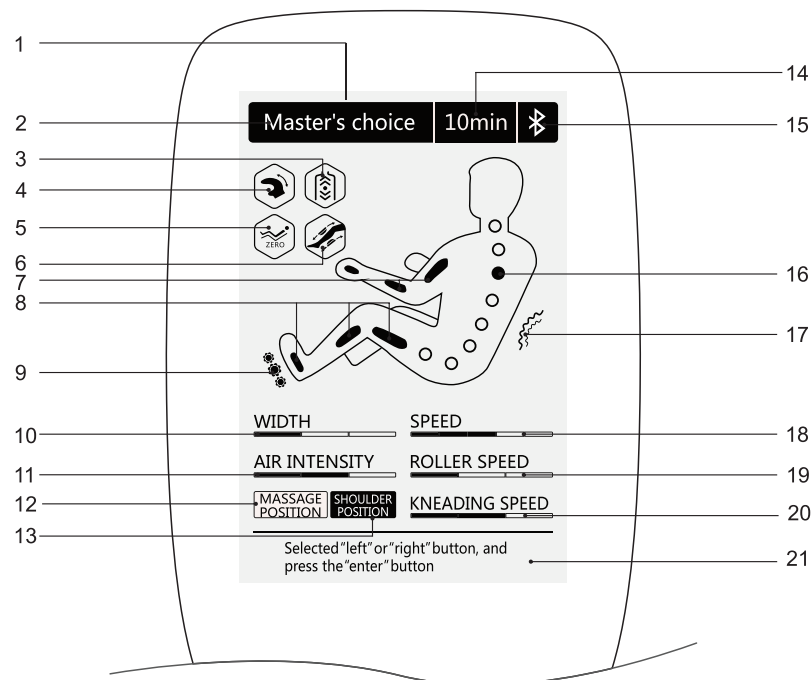


Functions

- This product is designed with intelligent muted massage hands which can move up and down, can offer knead and flap functions.
- It is designed with shoulder position automatic detection and adjustment, it can automatically calculate acupuncture points according to different shoulder heights, so as to offer humanistic and scientific massage.
- It is designed with 12 automatic modes: master's choice, easy sleep, health recharging, ache relieve, full body stretch, neck&shoulder, waist care, hip shaping, fatigue recover, lady mode, worker mode, cybraian mode.
- It is designed with 3 memory modes.
- Manual modes: available options for massage position, massage mode, massage speed, width, foot roller and calfrest kneading.
- Airbag massage: full body airbag, upper body airbag (4 airbags in upper arm, 8 airbags in hand and lower arm), lower body airbag (22 airbags), with 3 strength options.
- It is designed with waist heating function: adopts microfiber as far-infrared source, to accelerate blood circulation and prevent waist muscle strain.
- The reclining of backrest adopts combination of cylinder and rail technology, which enables maximum space-saving.
- The backrest rail uses SL curved rail technology, to matches the backrest shape perfectly and offers close massage from head to thigh.
- Wireless Bluetooth music: designed with 3D digital audio in left and right upper armrests, helps users releasing stress by listening music while enjoying massage.
- It is designed with voice control function: the detector is built inside the left side speaker, enjoy the massage at your own will by just making simple commands.
- It is designed with sole roller and calf kneading massage.
- It is designed with calfrest and backrest recline and decline function.
- It is designed with USB recharger.
- It is designed with LED lights on both left and right armrests.
- It is designed with 3.5 inches TFT colorful remote control.

Remote control instructions

Remote control screen

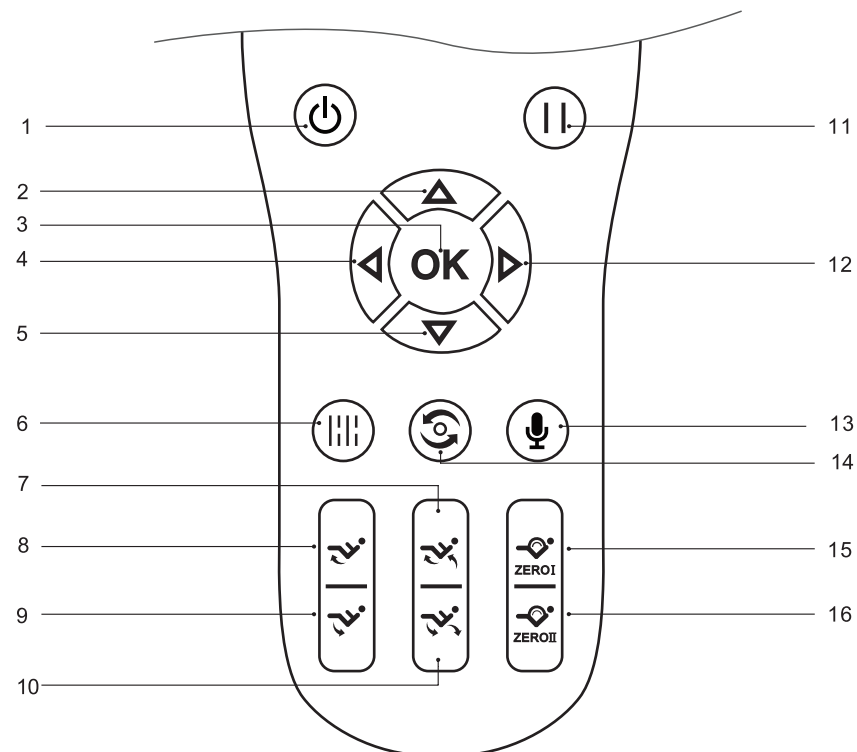


Note: The colors shown in screen, typesetting and order of massage functions and their icons should prevail to real screen!

- | | |
|--------------------------------|---------------------------------------|
| 1.TFT colorful LCD | 12.Massage position adjustment |
| 2.Message function display | 13.Shoulder position adjustment |
| 3.Backrest stretch display | 14.Timing |
| 4.Massage method display | 15.Bluetooth |
| 5.Zero gravity display | 16.Massage position display |
| 6.Calfrest kneading display | 17.Backrest heating display |
| 7.Armrest airbag display | 18.Speed adjustment |
| 8.Thigh and leg airbag display | 19.Roller speed adjustment |
| 9.Sole roller display | 20.Calfrest kneading speed adjustment |
| 10.Width adjustment | 21.Info |
| 11.Airbag strength adjustment | |

Remote control instructions

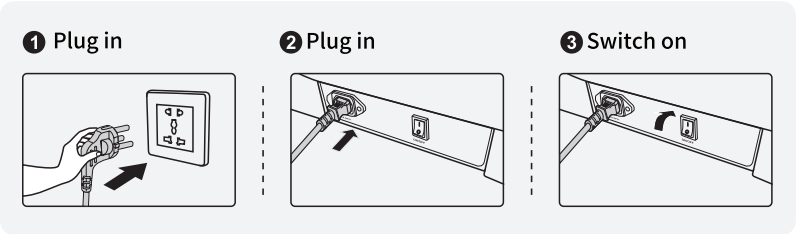
Remote buttons



- | | |
|--|---|
| 1.On/off: start or stop massage chair | 9.Calfrest decline: lay down the calfrest |
| 2.Up: to move up the navigation button | 10.Lay-down: massage chair lays down |
| 3.Ok: confirm | 11.Pause: stop current functions |
| 4.Left: left control | 12.Right: right navigation button |
| 5.Down: down control | 13.voice control: voice control button |
| 6.Menu: enter main interface | 14.Auto: to enter automatic modes |
| 7.Sit up: massage chair sits up | 15.Zero gravity 1: adjust the angle to zero gravity 1 |
| 8.Calfrest recline: lift up the calfrest | 16.Zero gravity 2: adjust the angle to zero gravity 2 |

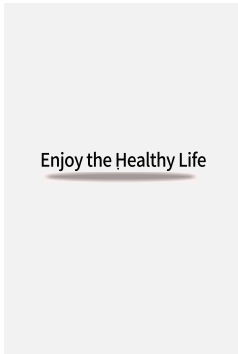
Usage methods

一、Switch on

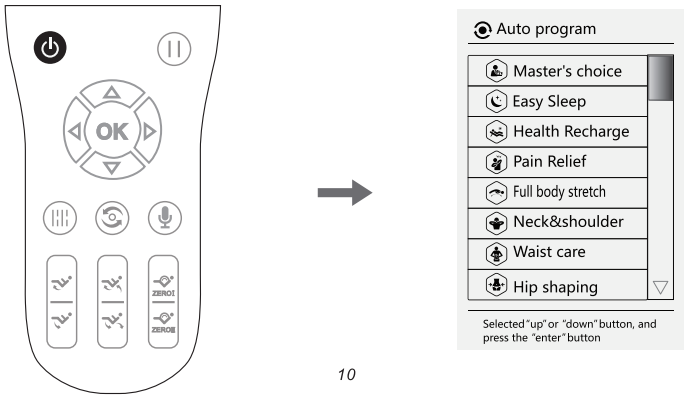


二、Massage function operation

1. Standby
- Massage chair is under standby position.
- Screen display: enjoy the healthy life

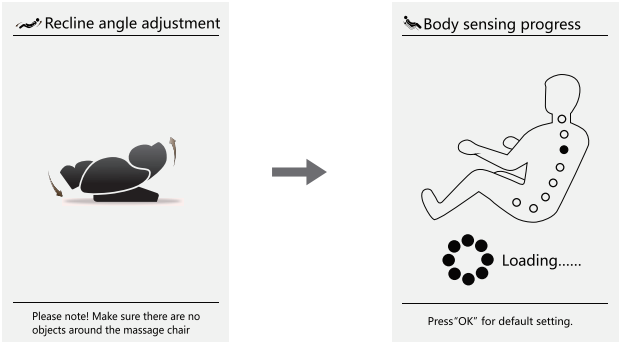


2. Start massage (on/off)
- Press on/off button to start massage.

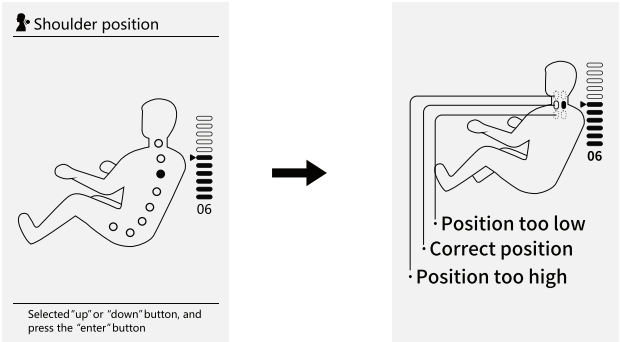


Usage methods

- 1)、Automatic lay-down adjustment
- After starting the massage, the chair will enter automatic lay-down position and detect shoulder position.
- Display screen:



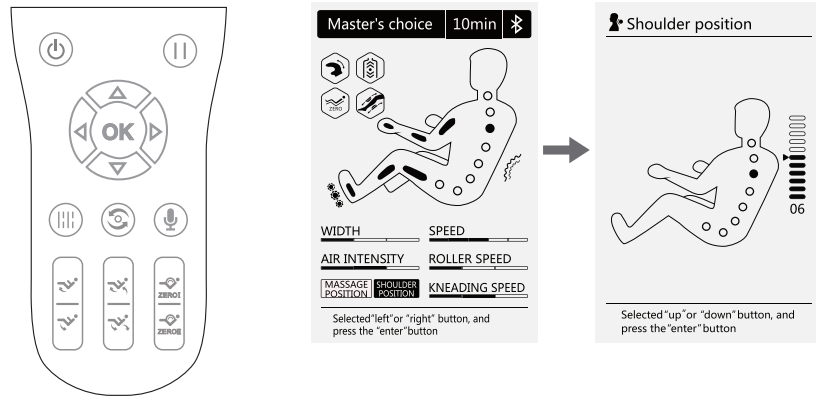
- 2)、Shoulder position detect and adjustment
- When massage hands detect the shoulder position, buzzer sounds 'Didi', adjust it by pushing 'up' or 'down' if it is not the real position, there are 11 level options. It will enter massage mode if there is no adjustment within 10 seconds. It can also enter massage mode by pressing 'ok' button. If shoulder position can't be detected, the massage will run according to default shoulder height.
- Display screen:



Button	Description
	Move up the roller to suitable position.
	Move down the roller to suitable position.

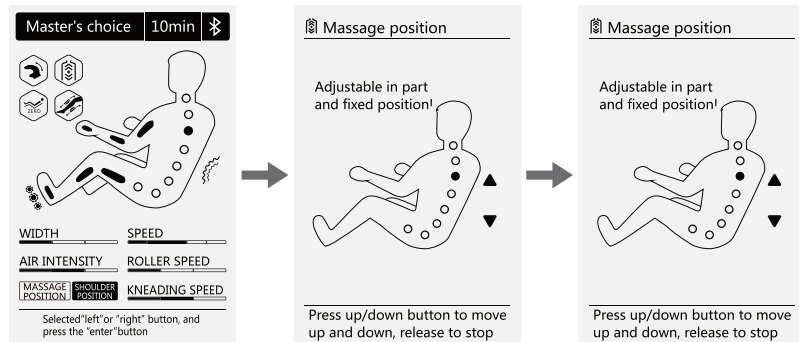
Usage methods

- If shoulder position needs to be adjusted after starting massage, it can be done by pressing navigation button 'Left' or 'Right' to enter the shoulder position interface, then press 'Up' or 'down' button to adjust the shoulder position.
Display screen:



3). Massage position adjustment

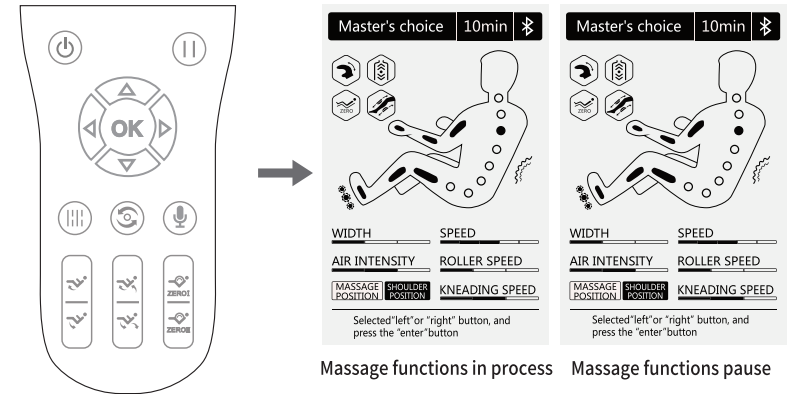
- If massage position needs to be changed after massage is turning on and the current mode is in fixed or partial status under manual mode, it can be done by pressing navigation button 'Left' or 'Right' to enter the massage position interface. Press 'Up' button and don't loose to move the massage hands upward, it stops when finger loses; press 'Down' button and don't loose to move the massage hands downward, it stops when fingers loses.
Display screen:



Usage methods

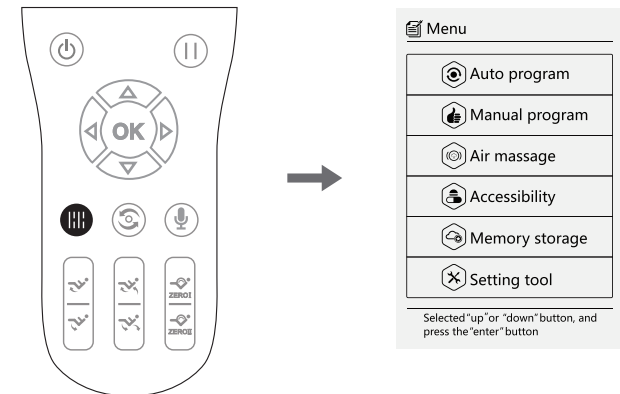
3. Pause

- When massage is in process, stop current massage functions by pressing 'Pause' button, press it again to continue. If pause period is more than 20 minutes, all massage functions will be turned off automatically.



4. Menu

- Enter main interface by pressing 'Menu' button, it contains auto program, manual program, airbag massage, additional function, memory storage, setting...etc. To select by pressing 'Up' or 'Down' button, return to previous menu by pressing 'Left' button, enter next menu by pressing 'Right' button, confirm by pressing 'Ok' button.

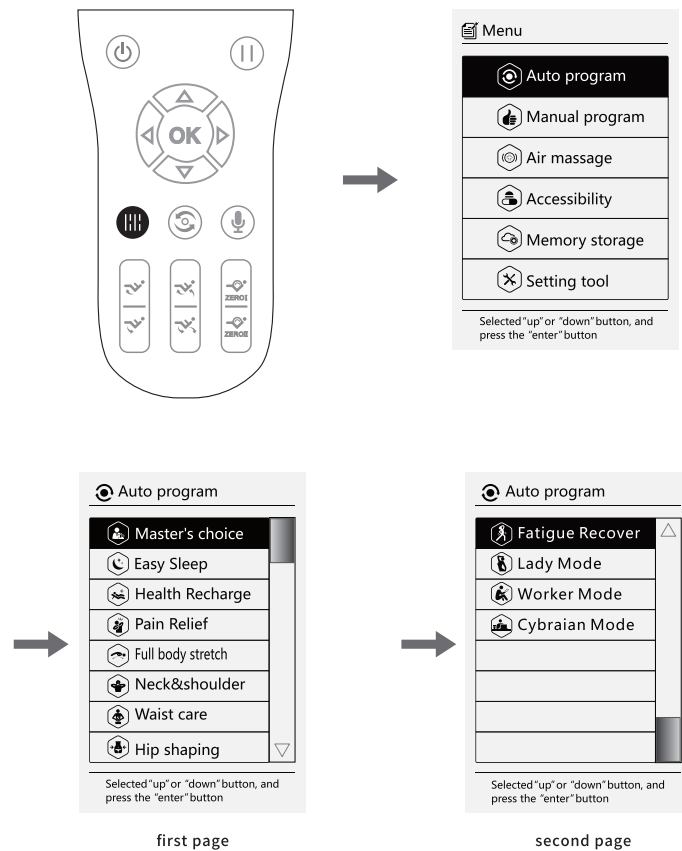


Usage methods

5、Auto program (Menu-auto program, can also enter auto program interface by pressing 'Auto' button)

- Enter menu interface by pressing 'Menu' button, choose auto program icon, there are 12 automatic modes: master's choice, easy sleep, health recharging, ache relieve, full body stretch, neck&shoulder, waist care, hip shaping, fatigue recover, lady mode, worker mode, cybrarian mode.

Display screen:

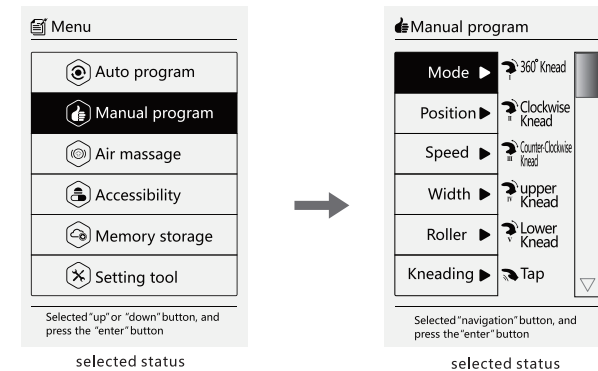


Usage methods

6、Manual program

- Enter menu interface by pressing 'Menu' button, choose manual program icon, including methods, area, speed, width, roller and kneading...etc.
- There are 9 massage methods: 360° knead, clockwise knead, counter-clockwise knead, upper knead, lower knead, tap, knead&tap, knock and shiatsu.
- There are 5 areas: full back, upper back, lower back, partial and fixed position.
- There are 5 speed options. Speed can only be adjusted under manual modes.
- There are 3 width options. Width can only be adjusted in flapping, knocking and shiatsu status under manual mode.

Display screen:



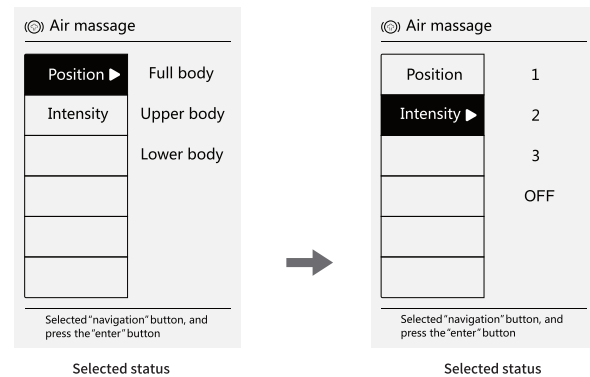
- Selected status: Sole roller: sole rolling massage with 3 speed options. It offers scratching massage to sole area, to accelerate blood circulation and the supersession of body.
- Calfrest kneading: calfrest kneading massage with 3 speed options. It helps the office workers who sit for long time without movement, suffering cold hands and feet caused by lower body insufficient blood circulation.

Note: To select by pressing 'Up' or 'Down' button, return to previous menu by pressing 'Left' button, enter next menu by pressing 'Right' button, confirm by pressing 'Ok' button. These operations are same under other interfaces.

Usage methods

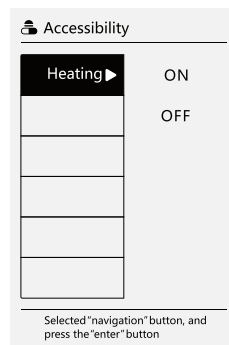
7. Airbag massage

- Enter menu by pressing 'Menu' button, choose airbag massage: full body, upper body, lower body. There are 3 strength levels.



8. Additional functions

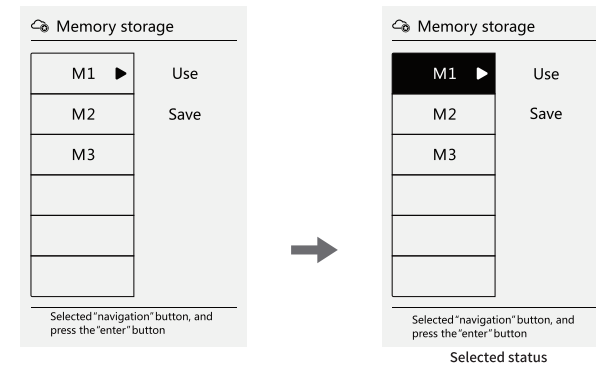
- It is designed with waist heating function: adopts microfiber as far-infrared source, to accelerate blood circulation and prevent waist muscle strain.



Usage methods

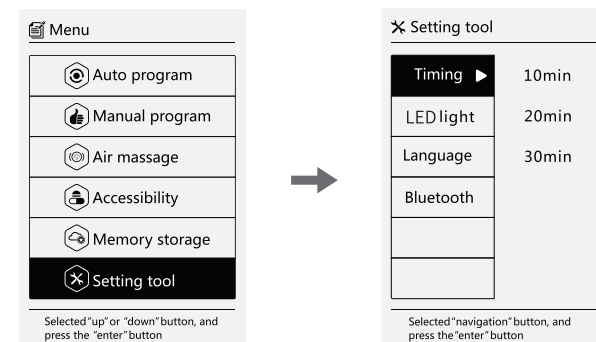
9. Memory storage

- Enter menu interface by pressing 'Menu' button, choose memory storage function: M1, M2 and M3.
- Save: store current massage mode, massage methods, airbag mode and strength, caflrest and backrest position...etc.
- Use: choose saved massage mode, massage method, airbag mode and strength, calfrest and backrest position...etc.



10. Setting tool

- Enter main menu interface by pressing 'Menu' button, choose setting tool icon: time, LED light, language, bluetooth.
- There are 3 timing levels, 10 minutes, 20 minutes, 30 minutes.
- LED light: turn on and off LED light.
- Bluetooth: turn on cellphone Bluetooth and match massage chair (matching code 0000 or 1234), music can be played once matching is successful.
- Language: simplified Chinese, traditional Chinese, English.



Usage methods

三、Voice control operation

- Awaken voice control function by speaking 'Hi What's up' when massage chair is turned on or under standby status.
- Once it is awakened, it will answer 'I am here', users can speak corresponding voice control words within 6 seconds, otherwise the voice control function will be turned off automatically and needs to be awakened again.
- Under noisy condition or when music is played, the awakened voice will not be sensitive, it can be done by pressing the voice control button on remote control. Press the button short to awaken it, shut it off if press more than 3 seconds, and the awakening of voice control under this circumstance can only be done by pressing the button.

Note: Please speak correct and slowly, follow below words

Voice control words		
Awakening words: "Hi ,what's up?" Answer: I am here		
No.	Corresponding words	Answer words
1	massage on	Answer: Ok, massage on.
2	massage off	Answer: Ok, massage close
3	master' s choice	Answer: Ok, master choice
4	easy-sleep	Answer: Ok, easy-sleep
5	health recharge	Answer: Ok, health recharge
6	Pain relieve	Answer: Ok, pain relieve
7	full body stretch	Answer: Ok, full body stretch
8	neck&shoulder	Answer: Ok, neck&shoulder
9	waist care	Answer: Ok, waist care
10	hip shaping	Answer: Ok, hip shaping
11	fixed massage	Answer: ok, fixed massage
12	Change to another mode	Answer: Ok, change to another mode
13	go little down	Answer: Ok, go little down
14	go little up	Answer: Ok, go little up
15	sit up	Answer: Ok, raise the seat position
16	recline down	Answer: Ok, lower the seat position
17	Stop adjustment	Answer: Ok, stop adjustment

Usage methods

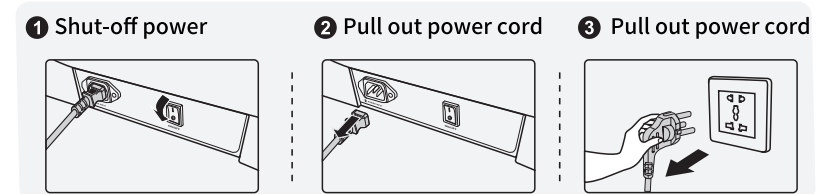
四、Position adjustment

- Include calfrest recline and decline, sit up, lay-down, zero gravity 1 and zero gravity 2.

Button	Description
	Calfrest recline: lift up the calfrest slowly by pressing this button, it stops When finger loses.
	Calfrest decline: lay down the calfrest slowly by pressing this button, it stops when finger loses
	Sit up: lift up the backrest and lay down the calfrest slowly by pressing this button, it stops when finger loses
	Lay-down: lay down the backrest and lift up the calfrest slowly by pressing this button, it stops when finger loses
	Zero gravity 1: adjust the angle to zero gravity 1 by pressing this button.
	Zero gravity 2: adjust the angle to zero gravity 1 by pressing this button.

五、Turn off and stop massage

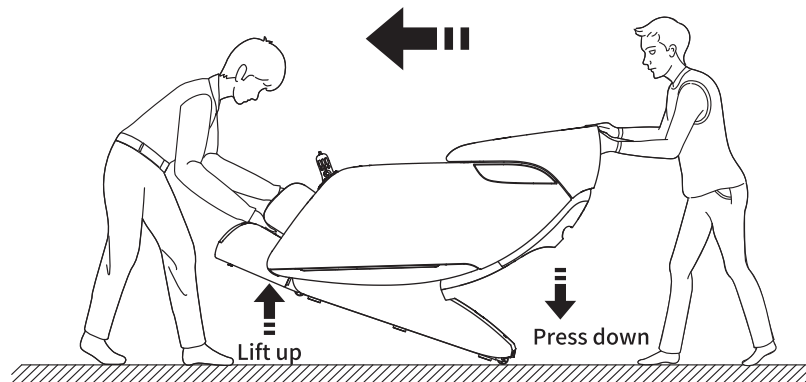
- Stop all massage functions by pressing 'On/Off' button during massage process,
- calfrest, backrest and massage hands return to original position. When timing out, all massage functions stop automatically, while calfrest and backrest position will not change.
- Shut-off power.



Usage methods

六、Method to move the product

- Move the backrest to highest position.
- Shut-off power and pull out the power cord.
- Lift up the front part and press down the back part, move the chair by caster.
Once movement is done, put the chair to original position slowly.



Note: movement must be done when the power switch is turned off and power cord and remote wire is unplugged.

Specification

Name: **Massage Chair**

Model: **Z100**

Rated voltage: 110V-120V~ 60Hz ☐

220V-240V~ 50/60Hz ☐

Rated power: 150W

Safety design: Class I

Executive standard: GB4706.1-2005 GB4706.10-2008

Maintenance and cleaning

1. Don't clean this product with corrosive cleanser such as diluent
2. Don't iron the surface material
3. Don't press, knock and scratch the massage chair
4. Press the remote control button gently
5. It is recommended to use no more than 30 minutes at one time
6. Please pull out the plug immediately after usage
7. Pull out the plug before cleaning. Don't touch the plug with wet hands, to avoid electric shock and injury